

MAINS

- 1. Crumbed Chicken Breast Schnitzel** - served Chips + salad or vegetables
W/ mushroom sauce \$18.50
W/ Parmagiana (eggplant, Napolitano sauce & melted cheese) \$20.50
W/ Hawaiian (sliced leg ham, grilled pineapple & melted cheese) \$20.50
W/ ½ Avocado fans, Camembert Cheese & Sun dried tomatoes \$21.00
- 2. Tempura Battered Fish fillets**
2 x crispy battered fish fillets w/ Homemade tartare sauce served chips & salad \$17.50
- 3. Grilled Barramundi Fillet**
w/ sun dried tomato, basil & caper salsa. Served Chips + salad or vegetables \$23.00
- 4. Grilled Chicken Breast Fillet**
topped w/ avocado, Camembert & sun dried tomatoes served Chips + salad or vegetables \$21.00
- 5. Rump steak**
300grm of grain fed Beef served Chips + salad or vegetables \$22.00
Choice of sauce Chef's sauces- Gravy, Pepper, Mushroom, Hollandaise, Béarnaise
- 6. Veal Schnitzel**
2x Freshly Crumbed Veal medallions served Chips + salad or vegetables
W/ mushroom sauce \$20.50
W/ Parmagiana (eggplant, Napolitano sauce & melted cheese) \$22.50
W/ Hawaiian (sliced ham, grilled pineapple & melted cheese) \$22.50
W/ ½ Avocado fans, Camembert Cheese & Sun dried tomatoes \$23.00
- 7. Chefs pie of the Day**
golden crusted Chefs chunky pie Served Chips + salad or vegetables \$15.00

8. **Seafood Medley**
Tempura battered fish fillets, Panko crumbed Calamari & prawn cutlets w/
Homemade Tartare sauce served chips & salad \$22.00

9. **Satay Prawns**
w/ rich coconut Satay sauce, prawns (8) and onions Served Timbale of
steamed rice \$19.00

10. **Satay Chicken**
w/ rich coconut Satay sauce, and onions Served Timbale of steamed rice
\$17.00

11. **Penne Pasta**
Chorizo sausages, chicken, button mushrooms, sun dried tomatoes in a rich
pesto cream sauce w/ Pane Di casa bread \$17.00

12. **Sweet corn fritters & eggplant stack**
Light corn fritters with marinated BBQ'd eggplant topped w/ roasted sun
dried tomatoes and basil oil \$14.00

BREADS & STARTERS

1. **Garlic & Herb Bread**
3 piece of crusty bread w/ olive oil, garlic & herbs \$4.00

2. **Vegetarian Spring Rolls**
Served with sweet chilli sauce ½ doz \$4.00 doz \$7.50

3. **Seasoned potato wedges**
topped w/ sour cream & sweet chilli sauce \$9.00

BURGERS & SNACK FOODS

1. **Bowlo Open Works Burger**
Ground Beef Pattie, topped rasher of bacon, fried egg, pineapple ring &
melted cheese w/ salad, BBQ sauce and serving of golden fries & beer
battered onion rings \$15.00

2. **Open Hawaiian Chicken Caesar Burger**
Grilled breast of Chicken topped rasher of bacon, parmesan cheese, pineapple w/ salad Caesar mayonnaise & serving of golden fries
\$15.00

3. **Open vegetarian Burger**
Vegetarian Pattie topped double cheese, BBQ'd eggplant & sweet corn fritter w/ salad, Napolitano sauce side serving of golden fries
\$14.00

4. **Panko crumbed Calamari**
Tender Japanese crumbed Calamari
Large 9 pieces Homemade Tartare sauce served chips & salad
\$16.50
Small 5 pieces Homemade Tartare sauce & chips only
\$11.50

5. **Beef & bean Nachos**
Ground Beef, refried beans, kidney beans & spices, topped melted cheese, guacamole, sour cream & sweet chilli sauce
\$15.00

6. **Butterfly Prawn Cutlets**
Large 7 pieces Homemade Tartare sauce served chips & salad
\$16.50
Small 4 pieces Homemade Tartare sauce & chips only
\$11.50

7. **Salt 'N' Pepper Squid (10 pieces)**
served chips & salad
\$18.50

LIGHT MEALS

1. **Warm Thai Beef Salad**
warm marinated beef in Thai spices, crisp salad leaves, rice stick glass noodles & lime sesame dressing
\$15.00\

2. **Vietnamese Chicken Salad**
Shredded Chicken Breast mixed w/ cucumber ribbons, shallot carrot, snow pea sprouts, mint & coriander Vietnamese dressing
\$15.00

3. **Vegetarian Cannelloni**
Cheese & spinach baked pasta rolls smothered in Napolitano sauce served W/
Dressed salad leaves \$14.00

4. **Caesar Salad**
crisp baby cos lettuce, bacon lardons, shaved parmesan cheese, boiled egg
& garlic croutons in light lemon & anchovy dressing \$13.00

5. **Chicken Caesar Salad**
Steamed chicken breast, crisp baby cos lettuce, bacon lardons, shaved
parmesan cheese, boiled egg & garlic croutons in light lemon & anchovy
dressing \$15.00

6. **Salt N pepper squid Caesar**
tender cut Squid in spices (8), crisp baby cos lettuce, bacon lardons, shaved
parmesan cheese, boiled egg & garlic croutons in light lemon & anchovy
dressing \$16.50

7. **Ranch Salad**
Sliced chicken Schnitzel, Creamy ripe avocado, semi dried tomatoes and
seasonal leaves & garlic dressing \$14.50

8. **Chicken Caesar Salad**
Steamed chicken breast, crisp baby cos lettuce, bacon lardons, shaved
parmesan cheese, boiled egg & garlic croutons in light lemon & anchovy
dressing \$15.00

9. **Chefs Garden Salad**
Mixed leaves, ripe Avocado, semi dried tomatoes, Spanish onion,
cucumber & olives. Dressed sweet chilli & lime \$10.00

KIDS MEALS UNDER 12 YRS

SERVED W/ JUICE & ICECREAM \$8-50

1. **Penne Napolitano**
penne pasta w/ rich tomato & basil sauce & parmesan cheese
2. **Crumbed Chicken Nuggets** & serving of golden fries
3. **Cheese Burger** & serving of golden fries
4. **Fish n Chips** w/ tartare sauce & lemon

LUNCHTIME ONLY

1. **BLT**
Bacon lettuce & tomato on thick cut bread w/ shaved parmesan & ranch dressing. Served chips or salad \$8.50
2. **CLUB SANDWICH**
triple decker sandwich w/ bacon, chicken breast, fried egg, lettuce, tomato, Ranch style mayonnaise. Served chips or salad \$11.00
3. **MELTS** 1/2 \$6.50 OR FULL. \$8.50
Served with chips or salad
 - Chicken, cheese & avocado
 - Ham, cheese & tomato
 - Avocado, cheese & tomato
 - Ham, cheese & pineapple l

4. **TOASTED TURKISH BREAD SANDWICH**

Chicken Schnitzel, cheese, tomato & lettuce w/ ranch dressing. Served
chips or salad \$8.50

TEA, COFFEES & HOT CHOCOLATE

CUPS \$3.50

Flat White

Cappuccino

Long Black

Short Black

Pot of Tea

Mocha

MUGS \$4.50

Flat White

Cappuccino

Long Black

Latte

Hot Chocolate

MONDAY – THURSDAY LUNCH SPECIALS

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| 1. Small bowl of crispy seasoned wedges | \$5.00 |
| 2. Pie chips and gravy | \$5.00 |
| 3. Bacon and Egg roll w/ BBQ sauce + chips | \$6.00 |
| 4. ½ Chicken breast schnitzel burger
w/ lettuce tomato & mayonnaise + chips | \$7.00 |
| 5. Fish `n` Chips w/ salad | \$7.00 |
| 6. Ham, avocado & Chicken salad | \$8.00 |
| 7. Beef & Cheese burger w/ chips | \$8.00 |
| 8. Ham cheese & toasted sandwich w chips | \$6.00 |
| 9. Garlic & Herb bread (3 slices) | \$4.50 |

HOT ROCK BBQ MENU all \$24

1. 300 gram Grain Fed Scotch Fillet Steak
2. 200 gram Grain Fed Fillet Steak w/ Prawns
3. Chicken Breast Fillet w/ prawns
4. Combination Fillet Steak Chicken Breast & Prawns
5. Chefs special